

## Schedule & Commitments Detail

### Tuition Payment Options - REGISTRATION DEADLINE - August 25th

- ✓ Early Bird Discount: \$2100 if paid in full by June 30, 2021
- ✓ Special Discount: \$2350 if paid in full by July 15, 2021
- ✓ Regular Tuition: \$2499 if paid in full by August 25th, 2021
- ✓ There is a \$200 late registration fee if paid after August 25th to allow for rushed materials and fees for payment plans
- ✓ NOTE: Registration opens on April 5th. Enrollment is limited to ensure each student gets personalized attention from the instructor. Registration will close once course is full. A waiting list will then be created.

### Refund Policy

Before start of Training: 100% refund of Tuition less application fee of \$100.

#### **NO REFUNDS AFTER TRAINING STARTS**

*All subject to non-refundable \$100 application fee.*

### Tuition includes:

- ✓ Student and Asana Manuals
- ✓ All Teacher Training classes
- ✓ Ayurveda and Chakra Workshop
- ✓ Business Plan Workshop
- ✓ Experience teaching in an active studio with actual students
- ✓ 3 Months of Post Training Mentoring with Lead Instructor to help you get started teaching
- ✓ 25% off 5 months of Monthly Unlimited Membership from September to January **OR**
- ✓ 20% off 3 Class Card Purchases (purchased September to January and used within same timeframe)
- ✓ Lifetime access to Lead Trainer for questions, etc. via email

**Tuition does NOT include:**

- ✓ Weekly yoga classes at the Studio
- ✓ Additional textbooks that are required reading
- ✓ Journaling book
- ✓ Additional Workshop requirement
- ✓ Props (mats, straps and blocks)
- ✓ Anatomy online program through Muscle and Motion
- ✓ Make-up Sessions

**FINAL: Fall 2021 Session Schedule:**

**Friday's 5:30 - 8:30 (bring dinner or snack); Saturdays, 8:30 - 5:30 (60 min lunch/break); Sundays 10:00 - 3:30 (30 min lunch/break)**

**Note: We do have a small refrigerator that you are welcome to use during training weekends.**

**We will meet on these dates:**

September: 10-11\*\* (no Sunday this weekend only); 24 - 26

October: 1-3; 8-10; 15-17; 22-23

November: 5-7; 12-14; 19-21;

December: 3-5; 10-12; 17-19

**BREAK 12/20 - 1/2;**

January: 7-9; 21-23; 28 - 30

Graduation Date: Sunday the 30th

There will be 2-3 weekend nights scheduled through the course but we will discuss and plan these together.

**Course Materials Needed:**

2 1/2 inch 3 Ring Binders with 7-10 dividers and Notecards

The Following Books

*The Heart of Yoga* - T.K.V. Desikachar

Light on Yoga - B.K.S. Iyengar

Power Yoga - Beryl Binder Birch (not Beyond Power Yoga)

Teaching Yoga by Mark Stephens

Teaching Yoga by Donna Farhi

Anatomy Coloring Book (4th ed) - Wynn Kapit

Gravity & Grace by Peter Sterios

Blank Journal

Subscription to YogaGlo\*\* Do not purchase yet - considering alternative

Muscles in Motion Software

Beyond the Classroom:

One Assigned Class a Week

Daily Meditation and Journaling

One Weekend Workshop

Four Assisting Classes\*

Four Teaching Classes\*

Two Private Sessions\*

\*Arrangements for these will be discussed in class